

Trusted Guide - Lofoten

# LOFOTEN

JUNE 9-16 2024



PETER  
BLOKLAND



# I N T R O

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It is not only a new, but also a new type of trip, combining sailing and hiking in the Lofoten, Norway. This trip will accommodate a maximum of 6 participants due to the capacity on board. The trip starts and ends in Bodø. From here we will sail to the Lofoten Islands, to go ashore several times for a nice hike. But of course there is also plenty of room for great conversations, learning to navigate and determine the route, cooking together and above all enjoying the particularly beautiful nature from sea and land.

Join us, Peter Blokland and the crew of the Moondance for a sail and hiking adventure in the Lofoten for a period of six days, June 2024.

*Peter  
Blokland*



# A D V E N T U R E

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This adventure is a combination of ocean sailing and hiking in the Lofoten area in Northern Norway. During the trip, the Moondance will take us sailing to fjords and hiking trails. The hours on board are filled with sailing, cooking, relaxing and getting to know each other better. Night voyages are part of the ocean sailing experience and necessary to cover the distance. While sailing, we will involve you in learning the basic techniques and everybody is welcome to join the team on deck.

This trip is all about discovering the beautiful indeterminate hiking trails in the fjords. During the past years the Moondance has been operating in the Northern part of Norway and so they build up wisdom of extraordinary highlights of the regions, which we will explore. During the sail we are going to visit areas to search for the most remote places to sail, hike, fish and sleep in a secluded anchorage.



# E X P L O R E

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The route that we will be sailing will guide us through some well known fjords, and islands. The route is made to be weatherproof, flexible to adapt to all sorts of levels of fitness while maintaining and guarantee a maximum usage of time to spent. The perfect season to travel the Lofoten is from June until the end of August. We deal with the most comfortable temperatures of the year between 12 and 26 degrees Celsius. During this time of the year, the sun is hardly dropping beneath the horizon. This means we will have countless opportunities to plan day activities.

Overall the weather is also the most forgiving during these months. Although, in Norway the weather can change one moment to the next. We, as crew / guides of the Moondance, need to be able to respond to unexpected changes we often see in the Lofoten.



# C O N N E C T

Building up and going deeper into what is needed yourself is the focus of the intake and team meetings before we leave. Once immersed in the adventure, you can let your mind and body float in a place almost free of disturbances and observe what comes out of it.

We are all responsible for safety on board the Moondance. But also regarding our daily tasks like cooking, watchkeeping, route planning, navigating, etc. We start each day with a check-in and end-of-day check-out. This way we stay connected and make everyone feel comfortable.



# LOFOTEN

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**Sunday** - We arrive at the airport Bodø where our sailing taxi crew will pick us up. After a short drive we arrive at the Moondance. Here we can insulate everyone their stuff and acquaint themselves with the boat. After the lunch we set out for sailing.

**Monday until Friday** - We will explore the Lofoten by sailing, hiking, kayaking, fishing, swimming etc. It depends on the conditions, the route and what the group wants. This trip you will see the Lofoten not only from the deck, but also from the fjords by hiking. Stunning views of the Arctic sea, Norway fjords and the Moondance.

**Saturday** - After breakfast we will sail back to Bodø.

**Sunday** - A travel day back home.

On an average day we'll sail between 10 and 14 hours, we have watch schedule, and you will be more used to the life at sea. In the meantime we have work to do on board, like handling and steering the Moondance and making dinner and breakfast.

If we go on shore for a hike, we walk between three and five hours and have beautiful views from the fjords and the unique rock shapes. After coming back onboard we have plenty of time on the boat to relax, swim or fish.



# PRACTICAL

Preparation, logistics and equipment are an important part of the quality of your experience. Caretaking is at the core of our being. We will be guiding you through the whole pre-travel necessities.

A couple of key points:

- Traveling to Bodø
- Food will be organised for you
- During the adventure you sleep in one cabin with six persons
- Sail equipment can be offered by us
- Personal equipment is your task, we will support this proces and facilitate all necessary information
- Price € 2.250,-- excl. your flight



# C R E W



Peter Blokland  
Trusted Guide

Working for twenty-five years, I thought it was time to reinvent myself. That is easy to say, but it turned out to be quite an expedition. The solution actually lay in less is more. This gave me the idea of not being connected to anything other than myself and nature for 30 days. This is where I discovered the power of calmness, space and slowing down to reconnect before speeding up. Now I work as a guide at work and a guide in nature and share my experience. What it has brought me is peace, joy and a more valuable life. For myself and for my environment.



Luuk van den Engel  
Captain

*After 25,000 nautical miles, loads of guests and several documentaries I am more than ready for the new sail to ski season in Norway. Our gained knowledge, experiences and our new expedition sailing ship Moondance is helping us a lot. I can't wait to work with Arctic guides to organise never-to-be-forgotten expeditions again.*



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